


What's on the Menu?

SFD Breakfast Menu – May 2025

Monday	Tuesday	Wednesday	Thursday	Friday
			<p>1</p> <p>Assorted Shri Bark</p> <p>Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies</p> <p>All meals are served with choice of Fruit or 100% Fruit Juice with 1% Plain Milk or Skim Chocolate Milk</p>	<p>2</p> <p>Egg & Cheese on a Biscuit</p> <p>Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies</p> <p>All meals are served with choice of Fruit or 100% fruit juice with 1% Plain Milk or Skim Chocolate Milk</p>
<p>5</p> <p>Pancake Bites w/ Maple Syrup</p> <p>Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies</p> <p>All meals are served with choice of Fruit with 1% Plain Milk or Skim Chocolate Milk</p>	<p>6</p> <p>Egg & Cheese on a Biscuit</p> <p>Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies</p> <p>All meals are served with choice of Fruit with 1% Plain Milk or Skim Chocolate Milk</p>	<p>7</p> <p>Assorted Muffins</p> <p>Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies</p> <p>All meals are served with choice of Fruit with 1% Plain Milk or Skim Chocolate Milk</p>	<p>8</p> <p>Bagel w/ Cream Cheese or Sun Butter</p> <p>Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies</p> <p>All meals are served with choice of Fruit or 100% Fruit Juice with 1% Plain Milk or Skim Chocolate Milk</p>	<p>9</p> <p>Ham, Egg, & Cheese on an English Muffin</p> <p>Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies</p> <p>All meals are served with choice of Fruit with 1% Plain Milk or Skim Chocolate Milk</p>
<p>12</p> <p>Assorted Muffins</p> <p>Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies</p> <p>All meals are served with choice of Fruit with 1% Plain Milk or Skim Chocolate Milk</p>	<p>13</p> <p>Waffles w/ Maple Syrup</p> <p>Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies</p> <p>All meals are served with choice of Fruit with 1% Plain Milk or Skim Chocolate Milk</p>	<p>14</p> <p>Breakfast Pizza</p> <p>Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies</p> <p>All meals are served with choice of Fruit with 1% Plain Milk or Skim Chocolate Milk</p>	<p>15</p> <p>Assorted Shri Bark</p> <p>Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies</p> <p>All meals are served with choice of Fruit or 100% Fruit Juice with 1% Plain Milk or Skim Chocolate Milk</p>	<p>16</p> <p>Egg & Cheese on a Biscuit</p> <p>Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies</p> <p>All meals are served with choice of Fruit or 100% fruit juice with 1% Plain Milk or Skim Chocolate Milk</p>
<p>19</p> <p>Pancake Bites w/ Maple Syrup</p> <p>Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies</p> <p>All meals are served with choice of Fruit with 1% Plain Milk or Skim Chocolate Milk</p>	<p>20</p> <p>Egg & Cheese on a Biscuit</p> <p>Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies</p> <p>All meals are served with choice of Fruit with 1% Plain Milk or Skim Chocolate Milk</p>	<p>21</p> <p>Assorted Muffins</p> <p>Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies</p> <p>All meals are served with choice of Fruit with 1% Plain Milk or Skim Chocolate Milk</p>	<p>22</p> <p>Bagel w/Cream Cheese or Sun Butter</p> <p>Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies</p> <p>All meals are served with choice of Fruit or 100% Fruit Juice with 1% Plain Milk or Skim Chocolate Milk</p>	<p>23</p> <p>Ham, Egg, & Cheese on an English Muffin</p> <p>Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies</p> <p>All meals are served with choice of Fruit with 1% Plain Milk or Skim Chocolate Milk</p>
	<p>27</p> <p>Assorted Muffins</p> <p>Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies</p> <p>All meals are served with choice of Fruit with 1% Plain Milk or Skim Chocolate Milk</p>	<p>28</p> <p>Breakfast Pizza</p> <p>Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies</p> <p>All meals are served with choice of Fruit with 1% Plain Milk or Skim Chocolate Milk</p>	<p>29</p> <p>Assorted Shri Bark</p> <p>Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies</p> <p>All meals are served with choice of Fruit or 100% Fruit Juice with 1% Plain Milk or Skim Chocolate Milk</p>	<p>30</p> <p>Egg & Cheese on a Biscuit</p> <p>Offered Daily: Assorted Cereal, Yogurt & Fruit Parfaits, Fruit Smoothies</p> <p>All meals are served with choice of Fruit or 100% fruit juice with 1% Plain Milk or Skim Chocolate Milk</p>